

Some of my favorite books

Here are 10 (other than the Bible) that have made a major difference in my spiritual journey:

1. *The Power of Now*, by Eckhart Tolle. When I read this book, I thought, “Well, here it is! The answer to all my questions!”
2. *Meeting Jesus Again for the First Time*, by Marcus Borg. This completely changed my way of seeing and relating to Jesus.
3. *Be!*, by James Dillet Freeman. Probably my all-time favorite book for sheer inspiration. Helped me learn about faith at a time when I didn’t have any. It may be out of print now...
4. *The Grace in Dying* by Kathleen Dowling Singh. This is a fabulous book if someone you love is nearing their transition. Read it in advance so you can make the most of your remaining time together.
5. *Loving What Is* by Byron Katie. Made me realize how much I make stuff up and create stories that make me unhappy, and how to stop it.
6. *Animals as Teachers and Healers*, by Susan Chernak McElroy. Inspiring stories that helped me see that animals are here to teach us as much or more than we are here to teach them.
7. *If You Want to Write*, by Brenda Ueland. Not just about writing – it’s really about having the courage to put yourself out there.
8. *Love, Medicine and Miracles* by Bernie Siegel. Gave me hope when a loved one was facing cancer.
9. *Life After Life*, by Raymond Moody. Fueled my continuing interest in life after death.
10. *Discover the Power Within You* by Eric Butterworth. A classic for conveying Unity theology.

The books on my nightstand that are currently competing for my attention are *How to Pray Without Talking to God* by Linda Martella-Whitsett; *The Gifts of Imperfection* and *Daring Greatly*, both by Brené Brown; *Everything Belongs*, by Richard Rohr; *Occult America*, by Mitch Horowitz; and *Autobiography of a Yogi* by Paramahansa Yogananda.

Happy reading!

With love,

Rev. Paula