



We Thrive!

A Breakthrough Journey
in Prayer

*From the Voices of
Unity Renaissance*



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YOUR SPECIAL PRAYER



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MORE FROM OUR YOUTH



Heavenly Creator, thank you for the ability to be compassionate, loving, patient and courageous enough to distinguish when I am not being those things. Thank You, God.

— Jim

My prayer is that we rise together –
through sun and cloud and stormy weather.
We are all part of Great Creator, One with the Divine.
We are being called higher – we know it is time.
Together we're stronger and together we'll thrive.
For it is when we embody the Spirit of what's really inside,
the miracle happens and we feel totally alive.

— Marcia Austin

I affirm that Divine Love, through me is operational now and always. The joy that I experience as experiencer and cocreator of love moves me forward to do with zeal that which is mine to do. I am grateful for every experience because I know the Truth. Divine Presence is in me, working through me, and expressing as me. Thank You, God!

— Unknown

FROM OUR YOUTH

Our father, in everyone, I have Christ in me. You have Christ in yourself. We have Christ in ourselves.

God, who is everywhere,
we/I have God in us/me.

I am creative.

I am strong.

I am light.

I am loyal.

I am Brave. I am Katniss!



BREAKTHROUGH!

Dear Reader,

Thriving means we accept our inherent perfection and claim our rightful place as the powerful creators we are. We commit to our spiritual growth and have faith that what we truly desire already exists in Spirit, awaiting manifestation through us.

Our word is the seed of all creation. Affirmative prayer is a means of nurturing that seed. It blossoms into a deeper relationship with the Divine, and greater expression of who we truly are!

We can say, "Yes, I am amazing and I am here to do amazing things! Yes, I believe in my heartfelt dreams and desires, regardless of any past experiences or seeming limitations. I choose to thrive!"

Affirmative prayer is a practical skill. It is a tool of encouragement and empowerment. Prayer invites the grace of God to work through us. It helps transform us from victim to victor; from a life of limitation to one of infinite possibilities. As we speak words of Divine Truth, we claim our rightful place as creators and manifest the kingdom of heaven within and all around us.

We on the Breakthrough! Campaign Spiritual Emphasis Team offer these prayers in service from and to the Unity Renaissance community. We invite you to use these beautiful prayers as your very own faith-raising resource, and share them with others as you feel led. Allow them to fuel your own breakthrough in consciousness now and into the future.

We see you and our entire community thriving, individually and collectively, and each in our own way. You are powerful, we are powerful, and together we thrive!

Much love,

Rev. Paula

Rev. Paula

Elari Onawa

Elari Onawa



BREAKTHROUGH!

SPECIAL THANKS

Our deep appreciation goes to Ann DeMichael, Chris Robson, Dakota Guynn, Elari Onawa, Faye Webb, Marcia Austin, Nancy Blanco, Rev. Paula Mekdeci, Richard Hackmann, Richard Mekdeci, Sharon Hart, Shelly Merritt-Myers, and Trisha Esch (Vision Communications Graphic & Web Design) for your faith and assistance in creating this booklet. And thanks to all who contributed prayers to this publication, and assisted in our faith-raising events! May this booklet inspire our community and all who are touched by it for years to come! Many blessings!



BREAKTHROUGH!



Prayers for...

SPIRITUAL AWARENESS

I embrace the power of possibility within me and all in our Unity family. Our inner light shines through challenges and trepidation bringing prosperity, peace, grace and gentleness. I see the flow of sacred space manifesting through our dreams. God is the source and we are all creators. We are whole, we are worthy, and we love and honor each individual's unique path in spirit in this evolution in the physical and energetic growth of Unity Renaissance. For those that seek, we reach out to let you know you are welcome...we are here for you. Thank you, God, for the opportunity - the excitement - the Breakthrough! - to expand our home and spirit. And so it is.

— Valerie Jones

I joyfully go into that sacred space where I celebrate God as the creator of all life, all love, and all wisdom. In conscious union with God, I passionately live life richly, I seek and recognize the Christ in all and uphold the truth that with God all things are possible. I am thankful for the awareness that my needs are already fulfilled. I appreciate all that I give and receive. I accept this truth with deep gratitude, faith and expectation. And so it is!

— Debra Amme

I affirm and claim the Full Body of Christ consciousness awakening in me and unfolding in gentle ripples and bold waves of love pouring from a vessel of openness. I fulfill my commitment to show up for what is mine to do, each moment, each day. I see with loving eyes and the gentleness of God's awareness in me that we are each a miracle of Love's embrace; a mystery unfolding into unbounded joy.

— Linda Berardi and Michele Finck



BREAKTHROUGH!



Prayers for...
PEACE

Peace be still. I surrender to the still, small voice, knowing that my life unfolds according to my thoughts.

– Eddie Oliver

I offer myself to thee, to make me an instrument of connection, a path to faith, a path to opportunity for peace of mind, peace of soul. Connection is Unity through this place to God.

– K. Simpson

I am at a place of inner peace. I affirm inner peace for all. And, so it is!

– Linda Tucci



FROM OUR Y.O.U. (Youth of Unity)

We will all live in peace. Unity will change the world.



BREAKTHROUGH!



OUR VISION

A spiritually awakened world living in peace, love and joy.

OUR MISSION

We transform lives that transform the world.

OUR CORE VALUES

“Love”

With open hearts, we behold, affirm and embrace the highest and best in each person.

“Acceptance”

All people are welcome here.

“Creativity”

We give our spiritual gifts in diverse and inspiring ways.

“Spirit-Centered”

Attuned to God, we emanate peace, love, and wisdom.

“Community”

We care about one another and cherish opportunities to give, love, serve, and celebrate together.



BREAKTHROUGH!

Prayers of...

LOVE

I feel the presence of God in everything I am and do, so I know that I am unconditionally loved and eternally supported. I see that no matter how much good I receive and share, there is always more, for I live in a universe of infinite potential and supply. I am so happy and grateful for this life, and for the wellbeing and prosperity that are mine. I am a masterful receiver of good and a channel for growth and expansion! Thank you, God! And, so it is!

– Elari Onawa

I am an opulently abundant child of God. I have the power to manifest the world around me, and the world within me. At my core, I am pure peace, pure joy, pure love, and infinite possibility in everything I think and do. As I open my connection with Spirit, I fulfill the declaration of Jesus that, “All these things that I do you can do, and greater works than these shall you do.” I am love, and, through love, I am everything.

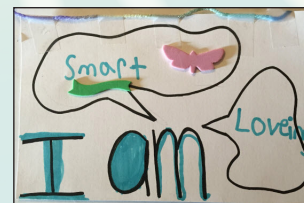
– James Scott

Divine Love flowing in, through and around me, expanding my heart and human mind to express love to those I touch in my family; church family; my community at large; my acquaintances and the world in which I live. God is Love, God is all there is; therefore all there is, is love. And so it is, in the name and after the nature of the Christ in all. Amen.

– Judy Hackmann

When I see through the eyes of love, it is reflected back to me.

– Nancy Blanco



FROM OUR YOUTH

Mother/Father/God, everywhere, I am loved no matter what. You are loved no matter what.

I share my love and watch it grow.

I love and celebrate my birthday and Halloween. I also love myself and I think that I am special because I am caring.

I am awesome!

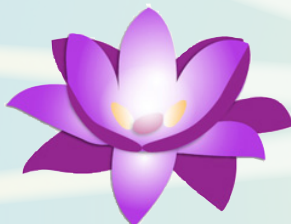
Prayers for...
HEALTH

Divine beloved, as I trust in you, I drop my resistance and relax my body. I feel your presence gently fill every cell in my body. I visualize and feel every fiber of my being is made well, healthy, strong and energized. Bathed in the glory of your love and compassion I am filled with peace and gratitude knowing I am made in your image and all is well.

— Deborah Morefield

I am thankful for the blessing of good health, which allows me to be more giving to others.

— Faye Webb



I am a masterful creator. I accept my divine path and I receive the abundance in all areas of my life, especially the areas of health and romance with my perfect spiritual partner. My life is already predestined for success.

— Karen Edwards

Healthy and happy thoughts flow through me each day when I awaken. I acknowledge the miraculous beauty of each cell that makes up me, and I thank you, God, for this sound body and mind. Each evening just before I go to sleep, feelings of being safely held in your love allow me to drift peacefully into dreaming.

— Patricia Esch



BREAKTHROUGH!

Prayers for...
ABUNDANCE

We are thriving. God is our source in all we encounter in our lives. God is but Love and therefore so are we. We trust our inspirations are Spirit urging us forward. We are open to abundance and prosperity in all aspects of our community. We co-create with Spirit and trust all is in divine order. We give thanks for Spirit supplying all that we need and urging us to give all that we can.

— Dana Consuelo

Unity Renaissance is a place of dynamic Spirit manifesting in joy, love, peace and unlimited possibilities. Our oneness with Spirit creates a partnership in creation resulting in a prosperous, thriving and evolving consciousness and community.

— Debra Amme

It is natural for me to prosper. It is natural and easy to thrive. I celebrate my growth and evolution in everything I am and do! It is so fun and easy to thrive! And so it is!

— Elari Onawa

We are beloved, powerful expressions of God rising into the full manifestation of abundant life. We break through to a higher consciousness of God's unlimited provision in and through us. All things are possible! I am grateful to be part of a spiritual community that transforms lives that transform the world.

— Rev. Paula Mekdeci

During my participation in this Breakthrough Campaign my focus is not on my need or lack but on what I have, knowing that the Universe cannot express itself through need, but it will respond to a grateful, generous heart. Therefore, I keep my mind focused on my abundance. Affirmation: Thoughts of lack have no power over me. I affirm my oneness with infinite supply.

— Richard Mekdeci



BREAKTHROUGH!

There is only One Power and One Presence in my life. That power is the Christ Consciousness that dwells within me. In this sacred moment, I call upon and activate this powerful force field of grace, loving abundance, understanding and wisdom. I allow my heart and mind to become aware of the unlimited gifts and possibilities that Spirit has been waiting to shower upon me. I know that all my needs are met, right here in this moment. With this knowingness comes immense gratitude for being so deeply loved and cared for. I know this to be true for me, for my brothers and sisters, and for all of humankind. With great respect and awe for this spiritual principle being activated in me, I say, "And, so it is!" Amen.

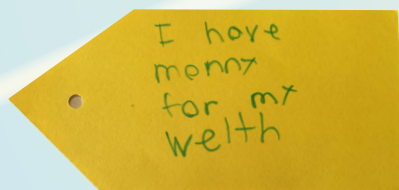
— Shelly Merritt-Myers

I claim my divinity and I daily and perpetually manifest an abundant supply of all good. This I affirm. I accept as I speak these words. So it is and so I let it be. Thank You, God!

— Unknown

FROM OUR YOUTH

I have money for my wealth.

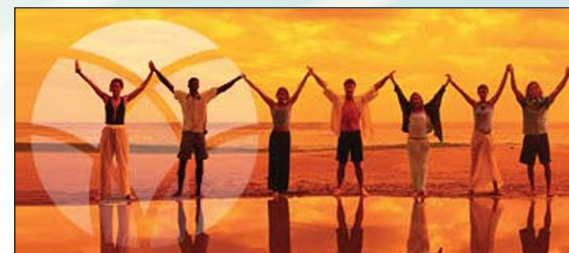


BREAKTHROUGH!

As I awaken each day, I know that I awaken to a world of good health, positive outcomes, and smiling faces. I thank God that I can see that all things create the greater good and my faith helps me move through them with forgiveness and insight. Thank you, God, for giving me the safe harbor of your love and the knowing that it is your great pleasure to give me "the kingdom." I prosper in all things and pray that all people may come to know that they too are loved and will prosper according to their belief.

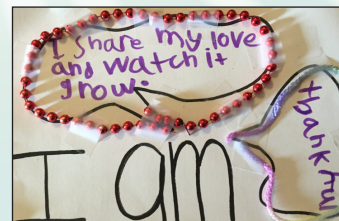
I know that God is with me always and that
I am loved and prosperous in all things.

— Patricia Esch



I give thanks to the universal spirit that moves through me; that has blessed me and fulfilled all of my needs. I am open to receiving more spiritual understanding and demonstrating the Law that I cannot out-give God. You/we can, can. Yes we can, can. Why can't we if we wanna? Yes, we can, can. I know we can make it, if we try.

— Unknown



FROM OUR YOUTH

Holy Spirit, in heaven, he gives us hope.



BREAKTHROUGH!

Prayers of...

FAITH

Faith is trusting God's wisdom, more than my own, more than logic, believing when there's no reason. In prayer, I pray to remember the power of God. I open up and feel this strength. When I feel the mightiness of God, every challenge I'm facing feels like nothing. My heart feels God's beating. I can rest now. I am at peace, and I am loved.

– Cheryl Brooks

My heart is filled with gratitude for all that God provides for me in my daily life. I know that everything I will ever need is already available to me. Together with God there is nothing I can imagine that cannot be accomplished. My life, health, welfare, and finances are all touched and made better by my relationship with my loving father. Thank you, Spirit, that this relationship is open to all who accept it.

– Dakota Guynn

I have complete and total faith in myself, my abilities and in my heartfelt dreams and desires. And so I also have complete and total faith in the infinite, loving intelligence that is within and all around me! For I know who I truly am, a powerful spiritual being, an eternal creator, an individual expression of God! And so I place my faith in the one place that is truly unshakable. I place my faith in the kingdom that is within me. I see divine perfection. And so it is!

– Elari Onawa

I release my fear and doubt and move forward confidently and with faith, expecting miracles in my personal transformation and in my financial affairs.

– Richard Mekdeci



BREAKTHROUGH!

Prayers of...

GRATITUDE

I am thankful, helpful and thoughtful. I'm so helpful and thoughtful to everyone, and my Father has been thoughtful to me, and I've been helpful to Steven and Nan including my niece Isabella, and very faithful to Edward and Sandra. I am thankful.

– Alan M. Kitchen

Gratitude unlocks the fullness of life. It turns what we have into enough, and more.

– Ann DeMichael

I am so thankful for all of the blessings in my life, relationships with family, friends, coworkers and clients. I am open to growing spiritually and personally to bring ease and contentment to myself and others. When I contribute to the lives of others, I make a difference and make the world a better place, one person at a time. I am one with this loving world and see peace and prosperity all around.

– Amber McCulloch

I stand in gratitude for blessings of health, wholeness and prosperity. I am open to abundance and all good things in cooperation with God.

– Faye Webb

I give thanks for the flow of life energy within me that supplies all my needs. I am Divinely loved and cared for.

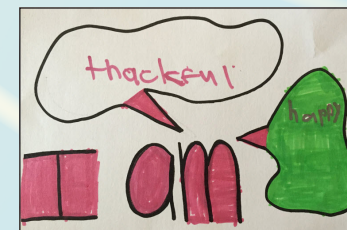
– Shelly Merritt-Myers

FROM OUR YOUTH

I love my different legs. I am glad I can walk with my fixator!

I am thankful for my bed. I am happy.

I am thankful for my family.



BREAKTHROUGH!

Prayers of...

COMMUNITY

Angel Encounters Step-by-step

Whether meandering, wandering, taking in the journey's nuances
Or moving without delay at lightning speed
To reach the target destination
My journey transports me as a solo traveler who fluctuates
Between enthusiasm and reluctance
Faith and doubt
Through the vicissitudes of this earthly experience.

Yet, my passage through the dark nights in the enchanted forest
Is transcended by angel encounters along the way
The light bearers.
Perfectly timed extra-ordinary beings
Who veer off their path momentarily
Bestowing blessings of encouragement
Providing services and gifts of nourishment
Offering their hearts freely without reservation
In the form of prayers, embraces, and soul connection.

To you, my dear angel, I witness your greatness
As your light shines and transforms shadows into miracles.
May you be graced with infinite opportunities
To recognize and acknowledge your unique magnificence
For the role you played in showing me
How to grow angel wings.

With heartfelt love and gratitude.

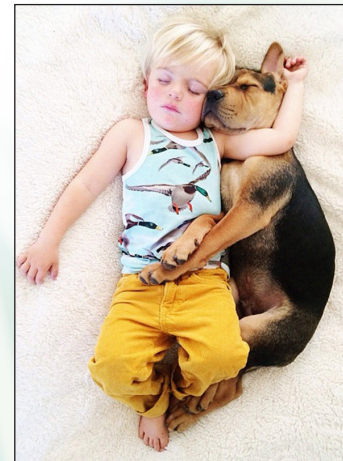
— Lynda Salmon

My prayer is that the innermost beautiful light that we really are can and will awaken us effortlessly. As we walk and speak, our light will be visible and will inspire and enlighten all those we meet. I pray that unconditional love is the True Language of our hearts, and is the True Language that can be felt and understood by all, regardless of who you are, or where you come from. I am in awesome gratitude for all of the beautiful beings that I am privileged to be in the presence of. I know that all is truly well and that there is nothing less than the perfection of God; therefore, we as God Beings are also perfect.

— Joseph Pettway

Sunrise: As I sit in meditation and watch the sun coming up against the horizon, my heart opens to the light of God. God is with me throughout the day. God walks by my side guiding all that I experience. God's energy flows through me and overflows outward. My mind is silenced and I am able to stay in the presence of the day filled with peace, love and joy. Glory Be To God.

— Lorraine Pilarski



FROM OUR YOUTH

God watches over me.

God, in everything, helps me
with everything I do.

Mother/Father/God, within
me/you/us, guides me/you/us,
as we create our own paths.



BREAKTHROUGH!



BREAKTHROUGH!

Prayers for...

DIVINE GUIDANCE/DIVINE ORDER

I am one with the creative power of the universe. I am able to visualize the highest good for myself and those around me. Each day I take time to affirm the strength within me to move toward the good I visualize. I take time to allow my mind to clear so my path is easy to follow. In gratitude, I accept the guidance of my heart as I move forward in faith and steadily forward to my highest good. I release these words knowing that life is good, and I see the good in life! And so it is. Amen.

— Ann DeMichael

My Morning Prayer

Thank you, God, for another day! Guide me to live it in Jesus' way. For peace and good health for all I pray! Thank You, Mother/Father/God, Amen - Namasté.

— Birgit Solvej



I have an amazing relationship with God. I embrace the timing of Spirit in all situations. Divine order is inherent in every person and every situation. I cocreate an amazing life with Spirit. I accept my divine path and live life with harmony, peace, abundance, and deep fulfillment. Thank You, Father - Mother - God.

— Rachelle Sweeden-Martinez



BREAKTHROUGH!

8

Our loving creator is quickening the hearts and minds of this Unity Renaissance flock, that we may do what is ours to do. We are immersed in love, dedication and planning needed to bring this holy center higher into its full potential as a center of learning and loving. Our building modification will allow us to be of even more service to our children and community. Spirit allows us to be its hands and feet in Chesapeake and beyond, and we are thankful for the will and stamina to make this a reality. Thank You, God. Amen.

— Allen Page

Create a space where diversity is acknowledged and welcomed. Difference is good! Fear hinders our open hearts to enjoy others traditions, cultures, beliefs, ancestors, leaders, customs, languages, etc...We would not be afraid of what we do not understand, but would instead be open to learn about each other so we may grow closer together in God's divinity and love for all, no matter how different we look on the outside.

— Catalina Berumen

I behold the love and light that is Unity Renaissance as it continues to grow, prosper, and "shine" out into our community and our world.

— Cindy Mills

I give thanks to Spirit for the love, beauty and grace that flow in and around me, and for the divine guidance that led me to Unity Renaissance where I am becoming all that I am meant to be. Thank You, God, and thank you, Unity Renaissance. And so it is. Amen.

— Denise Beckwith

I feel my spirit growing and expanding. Filled with the peace, love, acceptance and spirit of God which flows so freely through the Unity Renaissance community. May this blessing always continue to flow through me that I may pass it on to the rest of the world.

— Floyd Beckwith



BREAKTHROUGH!

5

Thank you Spirit for Unity Renaissance. A loving, kind, all-inclusive inspiring spiritual center, filled with the most vibrant, talented and accepting beautiful souls who call her home. Thank you for the Grace and Abundance which continue to bless our families, friends and fellow congregants as we celebrate together for the Glory of God. And so it is. Amen.

– Pam Francis

I am engulfed in gratitude for the many blessings bestowed upon my life in the spiritual community. I am opening up my heart and claiming higher love, prosperity, and creativity from and to our spiritual family.

– George Hart

I join my creative force within, with that of others in our community in creation of our spiritual home. Unity Renaissance expands in consciousness as we expand our physical temple to welcome more souls to experience total acceptance, loving support and growth as we attune to the God source within. I am blessed and grateful for the pouring out of joy and abundance rained down upon our spiritual family as we move through our process.

– Sharon Hart

Thank you, God, for living in my heart and the hearts of all our loving Unity Family. Thank you for the strength we need to move forward into thriving prosperity as we work together to expand our home and family, sharing your love with all with whom we come in contact. Thank you for wanting me to be a part of this magnificent event. Amen.

– Richard Hackmann



I visualize a beautiful facility that is a magnet to like-minded seekers in our community. I see Unity Renaissance becoming a center for personal transformation, and community outreach. I visualize Unity Renaissance as an international ministry with congregants around the world and I am a vital part of that ministry.

– Richard Mekdeci

God's plan for my life is filled with joy and inspiration, love and gratitude. Each soul is precious and free in our spiritual home and the temple of each heart in our universe feels our God connection. Healing happens right where we are because we are allowing that vibration to assist our growth, expand our consciousness and live in Divine Peace. Every child is fed with enthusiasm and a compassionate heart. Thank you, God, for our divine spiritual home, Unity Renaissance, where love, faith, abundance and thriving are in each and every person. All who walk in our doors immediately feel that they have come home. Amen.

– Rachele Sweeden-Martinez

I am thankful for a loving, welcoming Unity Family. I accept that spirit is working within and through me to manifest a more prosperous and abundant life for me and Unity Renaissance. I know I am a perfect child of God, free from worry or illness. If I see it and step out in faith, it will manifest itself.

– Valerie Winters



FROM OUR YOUTH

I am helpful and caring.



BREAKTHROUGH!