

Spiritual Education and Enrichment Week

Hosted by

Unity Renaissance of Chesapeake, VA

September 17-21, 2018

“Your Spirit. Your Life.”

1120 Eden Way N
Chesapeake, VA 23320
unityrenaissance.org
757-420-5280

Welcome to Unity Renaissance Spiritual Life Center!

We are excited to host S.E.E. Week this Fall in Chesapeake, Virginia. Our Licensed Unity Teachers and ministry teaching staff bring decades of experience, insight, knowledge and most importantly, enthusiasm to teach and share Unity principles with students like you. Our 2018 theme, "Your Spirit. Your Life." celebrates our expanding understanding of Spirit, as well as the application of this knowledge in our daily lives. This year, we are offering S.E.E. classes that are available for credit, and required for completing the Personal Development Path in Unity. We look forward to a great week with you of learning, sharing and spiritual growth!

WHAT TO DO, WHERE TO GO

Unity Renaissance is located just 19 miles from the Virginia Beach oceanfront, home to delightful beaches, restaurants and Edgar Cayce's Association for Research & Enlightenment (A.R.E.). Within a few blocks, you'll find a mall, several shopping centers, and many restaurants and fast food offerings. There are a number of hotels and motels within a mile or two of the church.

What a great way to spend a week at the end of the summer! This is our 12th S.E.E. Week, and as always, we strive to make each one better than the last.

"Your Spirit, Your Life"

S.E.E. CLASS SCHEDULE

Time	Day	Class Title	Instructor	Required
8-10 a.m.	Mon, Sep 17th -Fri, Sep 21st	Self-Care	Cindy Mills, LUT Unity Renaissance	X
10 a.m.-12 p.m.	Mon, Sep 17th -Fri, Sep 21st	Healing and Wholeness	Cheryl Fare, LUT Unity of Bon Air	X
12 p.m. -1 p.m.	Mon, Sep 17th -Fri, Sep 21st	Lunch Break		
1-3 p.m.	Mon, Sep 17th -Fri, Sep 21st.	Metaphysics 4	Rev. Paul Hasselbeck Unity Village	X
3-5 p.m.	Mon, Sep 17th -Fri, Sep 21st	Unity Prayer		X
5-6:30 p.m.	Mon, Sep 17th -Fri, Sep 21st	Evening Break		
6:30-9 p.m.	Mon, Sep 17th -Fri, Sep 21st	Twelve Powers Of Man	Rev. Paul Hasselbeck Unity Village	X
6:30-9 p.m.	Mon, Sep 17th -Fri, Sep 21st	I of the Storm	Rev. Paula Mekdeci Unity Renaissance	X

Class Descriptions

Required (Credited)

Healing and Wholeness- HTS-135

Cheryl Fare, Licensed Unity Teacher

This course is based on the universal spiritual principles that support the expression of healing, health, and wholeness in students' minds, bodies, and affairs. Students will be working with the Fillmores' interpretation of healing and wholeness, as well as historical and contemporary master teachers. Unity principles will be presented to support students in developing a practical understanding of Myrtle and Charles' theology and their application today.

I of the Storm- SPD -111

Rev. Paula Mekdeci

This course is based on the books, "The I of the Storm" by Rev. Dr. Gary Simmons and "I of the Storm for Teens" by Rev. Dr. Jane Simmons. The class will explore the principles of embracing conflict and creating peace in everyday life. This course is designed to help students function from their heart center, demonstrate Unity principles in times of conflict, and complete a 21-day reconciliation process.

Metaphysics 4- HTS-120

Rev. Dr. Paul Hasselbeck

Metaphysics 4 continues the investigation and application of Truth principles taught in the previous metaphysical courses. There are no prerequisites for this class. Metaphysics 4 summarizes and organizes metaphysical teachings to help students achieve greater results in their lives. Through the consistent application of practical Truth principles, students will consciously transform their lives and realize more of their spiritual nature and potential.

Self-Care- SPD-115

Cindy Mills, LUT

Self-Care is about making choices that reflect a consciousness of wellbeing. As we become aware of the care of our mind, body, and spirit, we discover that when we are our best selves, we contribute to our families, our communities, and our world with ease and grace. This course will provide guidelines and action plans for practicing self-care in the areas of awareness, mindfulness, setting boundaries, letting go, forgiveness, and self-love. The class will be both reflective and interactive, allowing students to increase self-awareness while sharing what works in applying self-care practices to daily life. The class will also explore how to use these foundational practices in times of stress and chaos.

Class Descriptions

Required (Credited)

Twelve Powers of Man- HTS-125

Rev. Paul Hasselbeck

As a result of his inner exploration and experience, as well as his metaphysical interpretation of the Bible, Charles Fillmore developed a powerful tool for spiritual development and healing known as "The Twelve Powers of Man." The teaching and practice of the Twelve Powers includes awareness of the "power centers" in the body, similar to the "chakra" system in yoga. The powers connect to spiritual qualities symbolically associated with the 12 Disciples of Christ, and the Christ is symbolically associated with the Spiritual or Higher Self. Students will explore and experientially apply the Twelve Powers as a way of realizing and releasing their inner divinity.

Unity Prayer – SPD-100

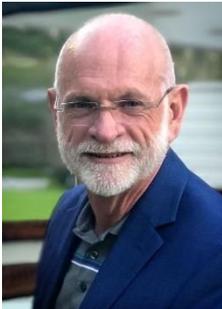
Richard Mekdeci, LUT

Affirmative meditative prayer is at the heart of the Unity spiritual path. The Unity way of prayer is ultimately aimed at an experience of the Divine and realization of the practitioner's divine potential. Along the way there are practical benefits, including guidance, healing, and abundance. In this course, students are introduced to Unity's Five-Step Prayer Process, and are supported in developing their daily prayer practice.

Instructors



Rev. Paula Mekdeci—Paula is the senior minister at Unity Renaissance. Her vibrant energy and vision have had a powerful impact on this ministry. Paula has greatly expanded our community outreach programs, boosted Sunday attendance, and broadened our spiritual education program to meet the needs of our diverse congregation. Paula has a Masters of Divinity degree from Unity Institute and Seminary. From 2007-2013, she served as Vice President of Communications and Publishing at Unity World Headquarters, overseeing *Daily Word*, *Unity Magazine*, Unity Books, Unity Online Radio and Unity marketing and communications.



Rev. Paul Hasselbeck – Rev. Dr. Paul Hasselbeck is one of Unity’s leading Metaphysics instructors. He has played a major role in bringing Unity’s teachings into the 21st century, and has a passion for clarity, precision, and practical meaning. Paul wrote and compiled the Unity textbook, *Heart-Centered Metaphysics*, and originated the Unity Online Radio program “Metaphysical Romp,” which is still available today. The former Dean of Spiritual Education and Enrichment for Unity Institute, Paul has also served as a full-time faculty member at Unity Institute; adjunct faculty member for Unity Worldwide Spiritual Institute; and instructor for Unity School of Christianity in Great Britain. He formerly served as retreat minister for Unity Village and Minister of Pastoral Care and Prayer for Unity Church of Overland Park, Kansas.



Richard Mekdeci – Richard is a Licensed Unity Teacher and the Music Director at Unity Renaissance. His passions include Unity teachings, Posi (Positive) Music, and its spiritual complement, New Thought music. Richard is the CEO and cofounder of emPower Music & Arts, which promotes Posi Music and artists worldwide. Richard is currently on the Unity ministerial path, and completed his coursework at the Urban School in June. He continues to speak and perform at New Thought centers around the United States, providing retreats, concerts, services, and workshops that reinforce the messages of peace, love, and oneness.

Instructors



Cheryl Fare - Cheryl Fare is a Licensed Unity Teacher at Unity of Bon Air in Richmond, Virginia, where she also serves as the church's Communications Coordinator. She is an inspirational speaker, published playwright, actor, producer, director, singer/songwriter, organizational consultant, and heart-centered metaphysician. At Unity of Bon Air, Cheryl teaches classes, serves as a Prayer Chaplain, and for many years has written and directed original short plays for performance on Sunday mornings under the banner *Unity Readers Theatre*. Cheryl has a passion for Unity Principles, and shares openly how using these real and practical Truth teachings have guided her through several exceptional life challenges. She holds an MFA in Theatre from Virginia Tech, and is excited to bring her 30+ years of experience in professional theatre to her new role as a Licensed Unity Teacher.



Cindy Mills – Cindy is a Licensed Unity Teacher and the new Adult Education Director at Unity Renaissance. She loves learning and looks forward to continuing to grow as she supports others on their spiritual path. Cindy has been a Unity truth student for more than 20 years. She has a Master's degree in Education and has worked in the field of special education for more than 30 years. Cindy enjoys reading, painting, cooking, and spending time outdoors.

Nearby Lodging

Hyatt Place

757-312-0020

709 Eden Way North, Chesapeake VA 23320

Delta Hotels (a Marriott Hotel)

757-523-1500

725 Woodlake Drive, Chesapeake VA 23320

Hilton Inn

757-420-1212

1565 Crossways Blvd., Chesapeake VA 23320

Comfort Suites

757-424-1172

1550 Crossways Blvd., Chesapeake VA 23320

HYPERLINK "<https://www.redroof.com/property/VA/Chesapeake/RRI154>"

Red Roof Inn

757-523-1826

724 Woodlake Drive, Chesapeake, VA 23320

HYPERLINK

"<http://www.marriott.com/hotels/travel/orfcy-courtyard-chesapeake-greenbrier>"

Courtyard by Marriott

757-420-1700

1562 Crossways Blvd., Chesapeake, VA 23320

Fairfield Inn

757-420-1300

1560 Crossways Blvd., Chesapeake, VA 23320

Hampton Inn

757-420-1550

1421 Battlefield Blvd. N, Chesapeake, VA 23320



Unity has operated on a love-offering basis since its inception by the Fillmores. The instructors do not receive payment for teaching classes; they are reimbursed for travel and lodging only. In order to show appreciation, a love offering will be received on Thursday in each class. You are not required to participate, however. Your financial support allows us to offer classes for a reasonable cost and is most appreciated!

Questions?

Unity Renaissance
1120 North Eden Way
Chesapeake, VA 23320
757-420-5280
admin@unityrenaissance.org

UNITY RENAISSANCE

SEE WEEK September 17-21, 2018

REGISTRATION FORM

(Please Include Total from Book Order Form)

Full Name: _____

Address: _____

City, State, Zip: _____

Unity Church Affiliation: _____

Name for Nametag: _____

Phone-Daytime/Cell: _____

Email: (Registration confirmation sent via email) _____

TAKE ONE OR MORE CLASSES!

Tuition per class: \$125.00 (Class & SEE Credit); Class Audit Only \$80.00

<u>\$125</u> <u>Credit</u>	<u>\$80</u> <u>Audit</u>
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Healing & Wholeness

I of the Storm

Metaphysics 4

Self-Care

Twelve Powers of Man

Unity Prayer

EVENING BANQUET (Thursday) \$25.00

BOOK ORDER TOTAL

Contribution to Scholarship Fund (Thank You!)

Total Payment: Visa/MC/Check Payable to Unity Renaissance

Name on Card _____

Card Number _____

Expiration Date _____

Billing Zip Code _____

CVV Code (from back of card) _____

Signature _____

