



S.E.E. Week

Spiritual Education and Enrichment

Sept. 16-20, 2019

“Consciousness Rising”



WWW.UNITYRENAISSANCE.ORG

Unity Renaissance of Chesapeake

1120 Eden Way North

Chesapeake, VA 23320

ellysia@unityrenaissance.org | 757-420-5280

We are excited to announce that this year two of our classes (marked * below) may be taken online via Zoom!

Class Schedule: Monday, Sept. 16 - Friday, Sept. 20

Time	Day	Class Title	Instructor
10 a.m.-Noon	Mon-Fri	Meditation Practices	Rev. Elizabeth Mora, Unity Northwest Church
10 a.m.-Noon	Mon-Fri	Metaphysics 2	Rev. Ogun Holder, Unity on the River
1-3 p.m.	Mon-Fri.	Unity Prayer	Rev. Richard Mekdeci, Unity Renaissance
1-3 p.m.	Mon-Fri.	Gnostic Gospels	Rev. Elizabeth Mora, Unity Northwest Church
3:30-5:30 p.m.	Mon-Fri.	*The Gospel of Mary Magdalene	Rev. Paula Mekdeci, Unity Renaissance
6:30-9 p.m.	Mon-Thur.	*Bible Interpretation: Acts - Revelation	Rev. Ogun Holder, Unity on the River

* Classes marked with an asterisk may be taken online.

Details on classes & instructors at
www.unityrenaissance.org



UNITY RENAISSANCE SEE WEEK September 16-20, 2019 REGISTRATION FORM

(Include book order total at bottom)

Full Name: _____

Address: _____

City, State, Zip: _____

Unity Church Affiliation: _____

Name for Nametag: _____

Phone-Daytime/Cell: _____

Email: (Registration confirmation sent via email) _____

TAKE ONE OR MORE CLASSES!

Tuition per class: \$80.00

*To sign up for credit go to: <http://www.unityworldwideministires.org/form/enrollment-form-unity-worldwide-spiritual-institute> (additional UWSI fees apply)

Meditation

Metaphysics 2

Unity Prayer

Gnostic Gospels

The Gospel of Mary Magdalene

Bible Interpretation: Acts - Revelation

EVENING BANQUET (Thursday) \$25.00

BOOK ORDER TOTAL

Contribution to Scholarship Fund (Thank You!)

Total Payment: Visa/MC/Check Payable to Unity Renaissance

Name on Card _____

Card Number _____ Expiration Date _____

Billing Zip Code _____

CVV Code (from back of card) _____

Signature _____

Register and pay online at www.unityrenaissance.org
or mail or email completed registration form with payment to:
Email: admin@unityrenaissance.org
Unity Renaissance, 1120 North Eden Way, Chesapeake, VA 23320
Refunds, less \$25 administrative fee,
for cancellations received by Sept. 1, 2019

BOOK LIST/ORDER FORM

You may purchase your books on your own or, if you plan to attend S.E.E. Week in person, from Unity Renaissance.

Your book order will be ready for you to pick up at Unity Renaissance the morning of the first class! Book prices include Virginia sales tax. Please order by September 1.

Please circle your selections.

Bible Interpretation – (Acts to Revelation)

<i>Metaphysical Bible Dictionary</i>	[available free online]
<i>The Revealing Word</i>	[available free online]
<i>The Bible, NRSV</i>	[available free online]
<i>Be Ye Transformed</i> by E. Turner	\$14.95

Gnostic Gospels

<i>The Gnostic Gospels</i> – Elaine Pagels	\$15.00
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Meditation

<i>Meditation for Dummies, 3rd Edition.</i> - Stephan Bodian	\$24.99
<i>Heart-Centered Metaphysics</i> - Paul Hasselbeck	\$24.95

Metaphysics 2

<i>Heart-Centered Metaphysics</i> - Paul Hasselbeck	\$24.95
<i>Heart Centered Metaphysics Workbook</i> - Paul Hasselbeck and Cher Holton	\$19.95
<i>The Revealing Word</i>	[available free online]

The Gospel of Mary Magdalene

<i>The Gospel of the Beloved Companion:</i> <i>The Complete Gospel of Mary Magdalene</i> – Jehanne deQuillan	\$19.50
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Unity Prayer

<i>How to Pray Without Talking to God</i> – Linda Martella Whitsett	\$16.96
<i>Heart-Centered Metaphysics</i> - Paul Hasselbeck	\$24.95

BOOK ORDER TOTAL: \$ _____

Place total on registration form.

Welcome to Unity Renaissance!

We are excited to host our annual Spiritual Education and Enrichment Week in Chesapeake, Virginia. Our ministers bring decades of experience, insight, knowledge, and most importantly, enthusiasm to teach and share Unity principles with students like you.

Our 2019 theme, “Consciousness Rising,” reflects our spiritual journey into Oneness consciousness, or what we in Unity call “Christ consciousness.” This year’s classes are particularly focused on expanding awareness, deepening understanding, and providing practical tools for your spiritual path. All six classes are available for credit; four are required for completing the Personal Development Path in Unity, and two are approved electives. This year, we are also excited to offer two of our S.E.E. Week classes online, via Zoom: Bible Interpretation: Acts to Revelation and The Gospel of Mary Magdalene. We look forward to a great week with you of learning, sharing, and spiritual growth!

What to Do, Where to Go

Unity Renaissance is located just 19 miles from the Virginia Beach oceanfront, home to delightful beaches, restaurants and Edgar Cayce’s Association for Research and Enlightenment (A.R.E.). Within a few blocks you’ll find a mall, several shopping centers and many restaurants and fast food offerings. There are a number of hotels within a mile or two of the church (see partial listing enclosed).

What a great place to spend a week at the end of the summer! This is our 13th S.E.E. Week, and as always, we strive to make each one better than the last. We look forward to seeing you in September.



Course Descriptions

All Classes Available for S.E.E. Credit

The Gnostic Gospels

Rev. Elizabeth Mora, MDiv

(Approved elective) Based on Elaine Pagels' award-winning book of the same name, this class is a both a history and summary of the findings within the Nag Hammadi Scrolls. The way in which the scrolls were discovered and then hidden through many years sounds like a TV series, but the subject matter of the scrolls and the teachings of the Gnostics takes Christianity far beyond where the mainstream church has gone. Some people have even gone so far as to call Unity "modern-day Gnosticism." Will you agree with that after taking this class?

The Gospel of Mary Magdalene – Also available online

Rev. Paula Mekdeci, MDiv

(Approved elective) In 2010, a watershed book was published that shares the story of Jesus and his teachings as told by someone who not only witnessed his ministry, but was an integral part of it. That book, "*The Gospel of the Beloved Companion: The Complete Gospel of Mary Magdalene*," translated and published by Jehanne deQuillan, shares the original, unredacted and complete gospel of Myriam the Migdalah, who is said to have written it five years after Yeshua's (Jesus') death. Join us as we explore this stunningly beautiful gospel in depth, delving into the life, teachings, and consciousness of Yeshua as well as his beloved companion whom we know as Mary Magdalene.

Meditation Practices

Rev. Elizabeth Mora, MDiv

Extensive research on meditation practices has revealed that regular meditation has many mental and physical benefits and that there are many effective ways to meditate. This course explores the practice and the experience of various forms of meditation. Benefits of the various forms of meditation will be explored as well as methods to deal with resistance to it. There will also be helpful tips for developing a regular meditation practice. Practicing the Silence, Unity's meditation practice, is fundamental and foundational to Unity teachings. Therefore, it will be the primary meditation practice for the duration of the course.

About Our Love Offering

Unity has operated on a love-offering basis since its inception by the Fillmores. The instructors do not receive payment for teaching classes; they are reimbursed for travel and lodging only. In order to show appreciation, a love offering will be received on Thursday in each class. You are not required to participate, however. Your financial support allows us to offer classes for a reasonable cost and is most appreciated!



Questions?

Unity Renaissance
1120 North Eden Way
Chesapeake, VA 23320
757-420-5280
ellysia@unityrenaissance.org

Nearby Lodging

Hyatt Place

757-312-0020

709 Eden Way North, Chesapeake VA 23320

Delta Hotels (a Marriott Hotel)

757-523-1500

725 Woodlake Drive, Chesapeake VA 23320

Hilton Inn

757-420-1212

1565 Crossways Blvd., Chesapeake VA 23320

Comfort Suites

757-424-1172

1550 Crossways Blvd., Chesapeake VA 23320

Red Roof Inn

757-523-1826

724 Woodlake Drive, Chesapeake, VA 23320

Courtyard by Marriott

757-420-1700

1562 Crossways Blvd., Chesapeake, VA 23320

Fairfield Inn

757-420-1300

1560 Crossways Blvd., Chesapeake, VA 23320

Hampton Inn

757-420-1550

1421 Battlefield Blvd. N, Chesapeake, VA 23320

The closest airport to Unity Renaissance of Chesapeake is Norfolk International (ORF).

Course Descriptions, continued

All Classes Available for S.E.E. Credit

Bible Interpretation: Acts to Revelation – Online Classes also available

Rev. Ogun Holder

Unity's "maieutic" and metaphysical approach to interpreting scriptures aims to help the interpreter cultivate self-knowledge and make contact with the Higher Spiritual Self commonly called "Christ within" and "Christ Consciousness." Students discover inner spiritual meanings of Christian scriptures (Acts through Revelation) as they apply the Unity method of interpretation to the "New Testament."

Unity Prayer

Rev. Richard Mekdeci

Affirmative prayer is at the heart of the Unity spiritual path. The Unity way of prayer is ultimately aimed at an experience of the Divine and realization of the practitioner's divine potential. Along the way there are practical benefits, including guidance, healing, and abundance. In this course, students are introduced to Unity's Five-Step Prayer Process, and are supported in developing their daily prayer practice.

*To sign up for credit go to: <http://www.unityworldwideministries.org/form/enrollment-form-unity-worldwide-spiritual-institute> (additional UWSI fees apply)

Students who wish to take Bible Interpretation or The Gospel of Mary Magdalene online will be sent a link to the Zoom class prior to S.E.E. Week.



Instructors



Rev. Paula Mekdeci- Paula is the senior minister here at Unity Renaissance. Her vibrant energy and vision have had a powerful impact on this ministry. She has greatly expanded our community outreach programs, helped to increase our Sunday service attendance, and developed a dynamic leadership team structure to include paid and volunteer staff members. She has increasingly focused on developing a spiritual education program to meet the interests and needs of our diverse congregation. Paula has a Masters of Divinity from Unity Institute and Seminary. From 2007-2013, she served as Vice President of Communications and Publishing at Unity World Headquarters, overseeing Daily Word, Unity Magazine, Unity Books, Unity Online Radio and Unity marketing and communications.



Rev. Elizabeth Mora -Rev. Elizabeth Mora is the Senior Minister of Unity Northwest Church outside of Chicago. She has been a devoted student of Unity for over 30 years, and her mission is to share the Unity message with as many people as she can. With years of theater experience and a training background, she brings her natural talents to the pulpit on Sunday and to the classroom during the week. “I believe Unity has the message for our times. We are modern, inclusive, relatable, and love-based. When people say they’ve given up on church, I tell them they need to try Unity. We rescue church for people, and I know the world needs us to do that .” Rev. Elizabeth offers an expansive perspective on life and spirituality, using Unity teachings, Christianity, Eastern Philosophy, humor, psychology, story-telling, and sometimes even a chainsaw. If you seek inspiration that honors both the human and the divine, then you’ve found a match in Rev. Elizabeth.

Instructors, continued



Rev. Richard Mekdeci – Richard is an ordained Unity Minister and the Music Director at Unity Renaissance. His passions are Posi (Positive) Music, and its spiritual complement, New Thought music. He is the CEO and co-founder of Empower Music & Arts. Richard travels the country with his interfaith ministry, teaching through retreats, concerts and workshops the message of peace, self-worth, and the uniting power of music. He recently completed his final year of Ministerial study through the Urban School.



Rev. Ogun Holder – Rev. Ogun Holder is an ordained Unity Minister [2011]. His many titles include speaker, teacher, author, online radio show host, blogger, musician, parent, social media consultant, and self-proclaimed geek. His first full-length book, Rants To Revelations: Unabashedly Honest Reflections on Life, Spirituality, and the Meaning of God, was published by Unity Books in Fall 2012. He writes the “Classic & Contemporary” column for Unity Magazine, which features a modern version of texts by classic Unity authors. He has also written for Unity Leaders Magazine, and the Daily Word, an internationally distributed inspirational magazine.

