

INFORMATION ABOUT MID-WINTER RALLY - 14-16 January 2022

WHO MAY ATTEND?

Eastern region YOU'ers, recent YOU Grads, Sponsors, Ministers, teachers, Youth Ed Directors, parents and chaperones are all invited to join in a weekend of fellowship, fun, and Spiritual growth. YOUers must be in grades 9,10,11 or 12 or equivalent, with a minimum age of 14 and a maximum age of 19; YOU Grads may attend if they are under the age of 21. Teens must be accompanied to Rally by a ministry-approved adult 25 years or older sponsor - If attending sponsor is not the same gender, sponsor must coordinate with another chapter sponsor for support during the Rally.

All Adults attending must have submitted a copy of a national background screen within last 3 years with their registration to the Eastern Region YOU Consultant.

WHERE IS THE RALLY?

Rally is at Unity Renaissance in Chesapeake, Virginia. The address is: 1120 Eden Way North, Chesapeake, Virginia, 23320 = phone (757) 420-5280.

GENERAL INFORMATION:

- Check-in will be from 5:00 to 6:00 PM Friday. A light dinner will be provided between 5:00 - 6:30. Please arrive prior to 6:30 to ensure your chapter has dinner and are ready to start the activities. Opening activities start at 7:00pm.
- Once at Unity Renaissance, all participants are to stay on the church grounds unless Sponsor/chaperone escorted to a specific event or activity
- ALL PERSONS registering for the Rally are committing to be in attendance for the ENTIRE WEEKEND, arriving at Unity Renaissance Friday afternoon and staying through the closing on Sunday.

WHAT TO BRING?

Sleeping Bag, Blankets, Bed Linens, Towel, Washcloth, Toiletries, Comfortable Casual Clothes, Jacket and Raingear, Closed Toe Shoes, Flashlight & Batteries, Sporting Gear (Optional: Frisbee, Football, Volleyball Ball), Regional Love Offering for Sunday Service and small amount of expense money.

- Please leave Valuables, Skateboards, Squirt Guns, large video games or other disruptive articles.
- Neither the Rally Leadership, Region or Unity Renaissance will be responsible for lost or stolen items.

REGISTRATION, FEES, PAYMENTS AND DUE DATES: Registration is to be accomplished electronically using forms provided, printing & filling out, then scanning and emailing to Ed.rosequist@cox.net. Individuals are to use the MidWinter Rally Registration_Individual file, fill out form, print out copy and scan/email, with Sponsors verifying individual forms and completing MidWinter Rally Chapter Registration file, scanning/emailing. Sponsors (or parents if now affiliated with a Chapter) can then contact Unity Renaissance for credit card or Paypal payment. Sponsors are to review Y.O.U. Group/Adult Heart Agreements with each participant prior to Rally (use Rally Prep Meeting format below), have signed, and bring to Rally (along with original copy of Registration/Medical/Liability form).

- Registration (\$50.00/person) is due by 10 January 2022
- T-Shirts will be paid for at Rally for an additional fee (\$20)
- No refunds after 13 January 2022

Sponsors are required to make copies of completed Chapter Registration/ Individual Registration/ Individual Medical/Heart Agreement and present at check-in. Talent Show forms are to be filled in at Rally and are provided in this packet for reference.

QUESTIONS? CALL / Email Ed Rosequist
Cell: 757-621-9554 // Email: ed.rosequist@cox.net / ed.rosequist58@gmail.com

HOW TO REGISTER YOUR CHAPTER FOR RALLY

COPY AND COMPLETE PAGES 1 &2 OF INDIVIDUAL FORMS: Scan and send to Ed.rosequist@cox.net

SPONSORS TO COPY, FILL-IN AND SIGN PAGE 3 OF CHAPTER FORMS: Scan and send to Ed.rosequist@cox.net

MAKE PAYMENT TO: UNITY RENAISSANCE USING CREDIT CARD PAYMENT OR PAYPAL Online payment (website payment option; Unityrenaissance.org or call UR office at 757-420-5280) for sponsors/individuals is required to complete registration.

FORMS TO BRING with YOU:

- | | |
|--|---|
| 1. Chapter Registration Form | 1 Per Chapter (with Minister/Sponsor Signature) |
| 2. Registration/Medical/Liability Form | 1 for each participant |
| 3. Group Heart Agreement | 1 for each participant (signed by ALL participants)
(signed by parents/participants) |

Note: Parents of ALL YOUers must sign Registration Form

Due Dates: Individuals to complete forms, email and coordinate with Chapter Sponsor for payment. Sponsors to complete Chapter Forms, with signatures and scan/send to Ed Rosequist by 10 January 2022. Send payment electronically to Unity Renaissance via credit card, using Tythely App ([Make a Donation \(tithe.ly\)](http://Make a Donation (tithe.ly))) – mark as Mid-Winter payment on “Give to:” pull-down box). Payment must also be received by 10 January 2022.

- **\$50.00 per Rally Participant** **Request Chapter Payments (if possible)**
- **\$20.00 for a Rally T-Shirt** **Purchased with cash at Rally (using sizes from Registration Form or NA if individual does not want a t-shirt)**

CHAPTER REGISTRATION FORM

Sponsors: Please complete this form, scan, email and bring hard copy to Unity Renaissance

Chapter & Location: _____

Registration Contact:

Please provide a contact person who can be contacted for questions about your chapter's forms, fees

Name _____ Email _____

Home Phone _____ Cell Phone _____

Emergency Contact During Rally: Please provide a contact person in your Ministry who is NOT attending Rally and will act a home contact in the event of an emergency during Rally.

Name _____ Cell Phone _____

ADULTS: List all adults attending Rally

Names (Print or Type)	T-Shirt Size S-XXL or NA

YOUers: : List all YOUers/YOU Grads attending Rally

Names (Print or Type)	T-Shirt Size S-XXL or NA

Ministry / Sponsor Approval: I certify that these attendees meet the eligibility requirements to attend this event. They demonstrate understanding and adherence to YOU Group/Adult Heart Agreements, and are approved by our ministry to participate in this event.

Signature of Minister or Authorized Staff _____

Print Name _____

Title _____

Date: _____

Signature of Sponsor _____

Print name _____

Y.O.U. GROUP HEART AGREEMENTS

1. I will represent my highest self, and respect others at Rally including Adults and Unity Renaissance Staff. I will create through my words and actions a loving, sacred and harassment-free atmosphere.
2. I will attend and remain at all scheduled activities at the designated times. I will give my loving support, cooperation and attention to all speakers and leaders, and facilitators.
3. I will remain within the boundaries of Unity Renaissance at all times, only leaving the area when going to a designated event. I will obey all rules set and respect the facilities at Unity Renaissance.
1. I will take part in Rally with a clear mind and heart. I will abstain from the use of alcohol, tobacco and non-prescription illegal drugs during Rally and enroute to and from Rally.
2. I will maintain an attitude of friendship to everyone attending the event. I will respect personal boundaries and will not participate in sexual energies or behavior or any unwanted physical contact at or enroute to and from the event.
3. I will stay out of the rooms / areas of the opposite sex.
4. I will leave at home any articles that would interfere with the purest retreat experience such as skateboards, water pistols, roller blades or electronic video game systems.
5. I will use electronic devices such as laptops, iPods, Cell Phones and individual gaming systems only at times designated by the leadership team. I will use only electronic music devices that have headphones and not speakers. I will not allow my use of these items to disturb others.
6. I will only wear clothing that is modest and respectful of myself and others.
7. During group meditations, I will practice centering. I will do nothing to distract others from their time of prayer and meditation.
8. I will honor lights-out and quiet time and cooperate fully with my room sponsors.
1. I agree to do my part to make this weekend a special and unique experience for myself and everybody at the Rally. I am enthusiastic about this Rally and I will have FUN!!!

By my signature below I agree to uphold all Heart Agreements. My signature also indicates
(Read and check each statement)

I understand these agreements are necessary for the group's highest experience and I accept the responsibility to follow these agreements during Rally.

I understand my willingness and ability to uphold these agreements are required to participate in YOU activities.

I understand that if I choose not to uphold these agreements during an event, my participation at this and future YOU activities may be restricted, with event related fees forfeited, and I can be sent home early at my or my parents' expense.

Print Name _____ Signature _____

By my signature below I attest that

I have fully discussed these group heart agreements with the above YOUer and his/her parents or guardian

I have made the parents of this YOUer aware that failure to comply with the heart agreements can result in the YOUer being sent home at parents' expense.

I approve this YOUer to represent this Chapter at the Mid-Winter YOU Rally.

Sponsor's Signature _____ Date ___/___/___

ADULT HEART AGREEMENT

As an Adult/ YOU Leader attending the YOU Rally, I understand I am making a great impact on the future spiritual life of the teens I lead. I therefore agree that I will:

Prior to Retreat:

Promote a prayerful Consciousness ready for spiritual growth and enthusiastic participation. Prepare my YOU'ers by reviewing the Group Heart Agreements with my YOU'ers prior to attending Rally.

During Rally:

- ◆ Be a role model for YOU'ers, displaying the behavior I wish from the YOU'ers, which includes refraining from the use of all alcohol and non-prescription drugs—including cigarettes and vaping.
- ◆ Circulate and Participate with youth in activities.
- ◆ Promote attention to Group activities.
- ◆ Check regularly to make sure my YOU'ers are accounted for.
- ◆ Be responsible for the YOU'ers in my group. **Note:** I will advise the Head Sponsor or member of Leadership team **immediately** if I am unable to locate one of my YOU'ers.
- ◆ Be aware of special medical needs of my YOU'ers and see that wellness needs are met.
- ◆ Be available for emotional and physical support and any disciplinary issues of my YOU'ers.
- ◆ Remain on the grounds during Rally at all times, escorting as needed to off-site activities
- ◆ Lock automobiles securely: (See that my YOU'ers leave distracting articles locked in the car.)
- ◆ Handle discipline with a loving, firm, encouraging approach. If misbehavior persists or is serious, I will report immediately to Head Sponsor or leadership team.
- ◆ Be available to YOU'ers for emotional and physical support.
- ◆ Be prepared to sleep in rooms with YOU'ers.
- ◆ Check rooms during Rally to confirm that only those that belong there are present.
- ◆ Promote the cleanup after meals, activities, and on Sunday morning.

I have read and understand my role as an adult participant at the YOU Rally.

Print Name _____ Signature _____

Sponsor Signature _____ Date _____

RALLY PREPARATION MEETING

Sponsors: Prior to coming to Rally, please hold a meeting with all YOUers and adults attending rally to review the items below. During the meeting, lead a group discussion on the following topics.

1. Heart Agreements

Scenarios and discussion questions are attached as a separate document. One of the most important discussions to the Rally consciousness we are trying to create is the discussion about heart agreements. Thank you sponsors for giving attention to this topic.

2. Intentions and Goals for Rally

What specific goals and intentions does each YOUer and adult participant have for Rally? (Typical goals might be feeling closer to God, making friends, renewing friendships, taking more time to pray, learning to speak up in a group, sharing a special talent or ability, or learning to appreciate or get along better with others.)

3. Individual Contributions to Rally?

What will you do before and during rally to make this a good experience for yourself and others?

4. Expectations

All YOUers and Adults* must attend **ALL** activities and stay with the group at all times. No one may be in cabin rooms during scheduled activities, switch rooms, or roommates. Everyone must arrive on Friday and not leave until Closing on Sunday. (Help your group feel a part of the total experience. Arrive during check in 5:00-6:00pm in time to get settled in before the 6:30pm pre-rally meetings and the start of rally at 7:00 pm on Friday evening. Adults in the group are responsible for the YOUers they bring to Rally. Please be aware of medical needs and medications, be vigilant and check in with YOUers regularly during the event. *Adults may be excused from large group activities to obtain needed rest.)

5. Share Information about rally

- a. Family Groups: Each YOUer and adult will meet 3-4 times during the weekend with their assigned small group.
- b. Fuzzies: This is the time when everyone exchanges friendly hugs.
- c. Talent Show: This is the opportunity for Rally participants to share their talents with everyone. The Talent Show will be one of Spirituality, cooperation and appropriateness. Rehearsal for the show will be held during the beginning of free time on Saturday afternoon under the supervision of a Head Sponsor and/or the Regional Consultant.
- d. Adult Support Team: Several adults, both male and female, are designated as “Head Sponsors”. Their job is to support the other Sponsors and assist the Regional Team in maintaining harmony and order throughout the Rally weekend.

6. Prayers and Affirmations: Lead your chapter in prayer, sending love and blessings to the regional team and all rally participants affirming perfect unity, harmony and order for the entire weekend!!

THANK YOU!!!

HEART AGREEMENT DISCUSSION

Sponsors: The scenarios below were provided for the first time prior to Fall Rally 2019 and may have been previously discussed by your YOUers. Please revisit them anyway. Feel free to provide other scenarios and invite your YOUers to suggest other situations that could arise during an event.

General Questions

1. Why do we have Group Agreements at Unity events? What is the purpose of having Agreements?
2. What is the difference between a rule and an agreement?
3. What is the difference between breaking a rule and failing to keep an agreement?
4. What is the difference between keeping an agreement and following a rule?
5. What is the value of keeping our word? What is the nature of integrity?
6. In what ways can breaking the heart agreements at Rally affect us, our fellow YOUers, our sponsors, the regional YOU program?
7. If a YOUer is sent home during Rally, how does that affect others?

Scenarios

1. A group of YOUers are talking and giggling together near you during the Godwalk. You are upset by this as you have looked forward to the silence and the talking is disturbing to you.
2. You learn that a group of YOUers plans to meet to smoke pot after hours on Saturday night. Most are graduates and will not be attending any other YOU events after Spring Rally.
3. Your boyfriend / girlfriend wants you to sneak out of your cabin to meet him/her after hours?
4. You learn that your friend is planning to meet her boyfriend/ his girlfriend to slip away from the crowd for some alone time during free time. They are planning to go out of the boundaries to be alone.
5. You receive a text after hours from a friend in another cabin. It says: "I need to talk to you. Meet me at bathhouse in 10 mins."
6. The third chime has sounded at the evening campfire and adult leaders have asked that everyone go to their cabins. You continue to say goodnight and give and receive hugs to your friends ignoring the request and lingering at the campsite.

For each scenario

1. What are possible actions that might be taken in response to the situation?
2. What are possible actions that would support upholding the heart agreements?
3. Of the possible actions that might be taken, what actions violate the Heart Agreement?
4. What specific Agreement would be violated?
5. Why do we have this specific agreement included in our Agreements?
6. How do honesty and accountability play a part in the choices you make?
7. Who would your actions effect, or potentially effect if you choose to break the heart agreements?

TALENT SHOW (To Be Completed at RALLY)

If you would like to perform in the Talent Show, fill in this form. Acts must show support for all people and reflect our love and support of each other and the consciousness of ONENESS. Specifically, this means no inappropriate sexual content, put-downs to any group, gender, or individual, even in the name of "humor". Please examine your talent and/or music for compatibility with this requirement. Your Act must be reviewed by your sponsor before inclusion in the Talent Show.

The Talent Show will be held on Saturday night. Come to Rally well-rehearsed. The only rehearsal will be during free time on Saturday. Bring everything you will need for your act. We will have a sound system for use during the Talent Show. If you are singing to a sound track, use karaoke (instrumental) version. Your voice cannot be heard when singing over other's vocals, all vocals must be scrubbed.

Name _____ Chapter _____

Describe your talent _____

Length of routine (use a stopwatch!!) (KEEP UNDER 4 MINUTES) ___Minutes ___Seconds

Mood of your bit? (circle one) Reflective Tear Jerker Upbeat Funny Neutral Participatory

What (who) do you need to perform your act? _____

Vocal _____ Instrument _____ Music _____ Phone/Other _____
of Mic _____ # of Chairs _____ # of Mic Stands _____ Anything Else? _____

Have you discussed your act with the other people involved? Yes _____ No _____

Names of other people in your act: _____

Any other information we need to support you? _____

I have reviewed my act with my sponsor. _____

YOUer's Signature